

Switch On Workshops

Empower your leaders to create authentic change within your organisation. Actrua's Switch On Workshops provide the platform to build a high performing culture.

Switch On Workshops will challenge your people's current beliefs and behaviours about safety. Participants will be taken on an emotional and thought-provoking journey that moves them from compliance to commitment, creating a fundamental shift in their relationship to safety.

Switch On Workshops will:

- Build your belief that you can influence safety through your actions and choices
- Facilitate visible felt leadership in HSE
- Equip participants with the skills and expertise to positively influence others
- Provide participants with the confidence and techniques to intervene if they see an unsafe act or condition
- Encourage participants to recognise and acknowledge others when they see safe acts and conditions
- Increase awareness of hazard and near-miss situations and extend this awareness to the home and wider community
- Create individual and team safety action plans for your workplace



Switch On Workshops

Actrua has delivered Switch On workshops across the following industries:

- Oil & Gas
- Utilities
- Rail
- Energy
- Mining
- Local Government
- Engineering
- Manufacturing
- Ports
- Logistics

Switch On Workshop format

We use a highly interactive and engaging format to challenge beliefs and inspire your people to put their learning into action.

Switch On Workshops run over two days with between 12 – 22 participants. We use a powerful combination of training and skill development, group discussions, team and outdoor activities, visual stimuli and individual learning. At the end of the workshops, we develop and record team action plans to be tracked for implementation.

Actrua Core 4 Model

The foundation for our Switch On Workshops is the Actrua Core 4 Model.

Day 1 – Switch On

Participants:

- Are challenged to confront unsafe behaviours in their environment that they have been tolerating or excusing
- Learn simple but powerful techniques to Switch On, both at work and at home
- Identify why Safety Leadership is important for them
- Develop story telling skills to effectively communicate safety shares and messaging
- Switch On to become personally accountable for making safe choices

Day 2 – Act on It

Participants:

- Are taken through a series of scenarios, case studies and role plays to develop the skills and techniques to have Courageous Conversations
- Take part in an outdoor activity that challenges the idea of Safe to Start and their choices once pressure is applied
- Are empowered to act on it and create individual action plans they can implement at work and home.

Core 4

SWITCH ON

SAFE TO START

COURAGEOUS CONVERSATIONS

ACT ON IT