

**6 WAYS
TO BE
YOUR
BEST SELF**

**EVER
FEEL
LIKE
AN
IMPOSTER?**

KNOW IT'S OKAY TO FEEL UNSURE

Everyone feels like an
imposter sometimes.
it's human.

REFLECT ON HOW YOU DEFINE SUCCESS

We are all
works in progress.
What can you learn here?

CATCH YOURSELF COMPARING



Choose to be the best you,
and cheer on others
to be the best them.

KEEP AN EVIDENCE LOG

Keep recognition emails,
thank you notes and
farewell cards.
Read them when you need
a reminder of your impact.

REFRAME 'I CAN'T' AS 'NOT YET'

A Growth Mindset helps
us understand we're
always learning.*

*See The power of yet | Carol S Dweck |
TEDxNorrköping | <https://youtu.be/J-swZaKN2lc>

REMINDE OTHERS OF THEIR STRENGTHS

Help others see
their strengths and
achievements.
Let them know
why you value them.

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